



inspiring people to thrive

Careers Information, Advice and Guidance





Careers Information, Advice and Guidance

We provide confidential and impartial information, advice and guidance to help you make decisions on learning, training and work opportunities.

Whether you're thinking about your career choices at school/college, or have graduated from university and are struggling to get on the career ladder – CXK's careers advisers can help.

Key Information:

- Independent, high-quality careers advice.
- Information about local education and employment opportunities.
- Supporting you to take control of your learning and working.

Our qualified advisers can give you all of the information you need about local education and employment opportunities, and have access to the latest job trends.

We offer one-to-one guidance sessions to support you with your career planning, and a psychometric test to identify your strengths, aptitudes and unlock your potential.

We'll help you to:

- Explore education, training, apprenticeship and job options.
- Explore further education, university, higher education and alternatives.
- Research various job sectors and identify whether they are right for you.
- Search for training courses and learning providers.
- Help you prepare an Action Plan to achieve your goals.
- Find a job. We'll give you advice on the different stages of a job hunt, including how to improve your interview techniques, and how to write an effective CV.

How can I access the service?

Book your appointment today by calling our team on **01233 224244** or email your enquiry to us at services@cxk.org.