# **Healthcare Jobs - Psychology**

National Careers Service

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#### **Psychotherapist**

Psychotherapists use talking therapies to help people deal with emotional, behavioural and mental health issues.

**Average salary:** £35,000 to £50,000

**Typical hours:** 37 to 42 a week - you could work in your own business, managing your own hours.

You can get into this job through: a university course or a college course.



#### **Psychologist**

Psychologists apply the scientific study of the mind and behaviour to solving real life problems.

**Average salary:** £44,000 to £57,000

Typical hours: 35 to 40 a week - you could work

9am to 5pm flexibly.

You can get into this job through:

a university course.



#### **Clinical Psychologist**

Clinical psychologists help people manage mental health issues, phobias and addiction.

**Average salary:** £35,000 to £50,000

**Typical hours:** 37 to 39 a week -You could work evenings / weekends, occasionally.

You can get into this job through:

a university course or an apprenticeship.



#### **Cognitive Behavioural Therapist**

Cognitive behavioural therapists help patients change negative patterns of thinking or behaviour with talking therapy.

**Average salary:** £35,000 to £50,000

Typical hours: 37 to 39 a week

You can get into this job through:

a university course or by applying directly.



## Counsellor

Counsellors help people discuss their problems and feelings in a confidential setting.

**Average salary:** £35,000 to £50,000

**Typical hours:** 35 to 40 a week - you could work evenings / weekends attending events or

appointments.

You can get into this job through:

a university course; a college course; training with a counselling organisation.



# Psychological Wellbeing Practitioner

Psychological wellbeing practitioners treat and support people with mental health problems.

**Average salary:** £25,000 to £35,000

**Typical hours:** 37 to 39 a week - you could work between 8am and 6pm.

You can get into this job through:

a university course or an apprenticeship.



### **Forensic Psychologist**

Forensic psychologists study criminal behaviour and help people who have committed crimes.

**Average salary:** £27,000 to £54,000

**Typical hours:** 37 to 39 a week

You can get into this job through:

a university course or by working towards this role.



# **Play Therapist**

Play therapists help children to make sense of difficult life experiences, or complex psychological issues through play

**Average salary:** £24,000 to £38,000

**Typical hours:** 35 to 37 a week - you could work evenings attending events or appointments.

You can get into this job through:

a university course or an apprenticeship.