



Care Worker

Care workers help vulnerable people manage their daily activities and live as independently as possible.

Average salary: £14,000 to £25,000

Typical hours: 35 to 40 a week - you could work evenings/weekends on shifts.

You can get into this job through:
a college course; an apprenticeship; volunteering.



Care Home Manager

Care home managers lead and run residential homes for adults or children.

Average salary: £25,000 to £55,000

Typical hours: 39 to 41 a week – you could work evenings / weekends / bank holidays

You can get into this job through:
a university course; an apprenticeship; working towards this role.



Social Work Assistant

Social work assistants give advice and help people with their physical, emotional and social needs.

Average salary: £20,000 to £28,000

Typical hours: 37 to 40 a week – you could work evenings / weekends / bank holidays

You can get into this job through:
a college course; an apprenticeship; applying directly.



Social Worker

Social workers help to protect vulnerable children and adults from harm or abuse, and support people to live independently.

Average salary: £27,000 to £50,000

Typical hours: 37 to 40 a week – you could work evenings / weekends / bank holidays

You can get into this job through:
a university course; an apprenticeship; a graduate training scheme.



Occupational Therapist

Occupational therapists help people who have difficulties caused by physical or mental illness, disability, accidents or ageing.

Average salary: £28,000 to £50,000

Typical hours: 35 to 40 a week

You can get into this job through:
a university course; an apprenticeship; working towards this roles.



Art Therapist

Art therapists help people express difficult thoughts and feelings through creative activities.

Average salary: £35,000 to £50,000

Typical hours: 35 to 50 a week

You can get into this job through:
a university course or an apprenticeship.



Youth Worker

Youth workers support young people aged 11 to 25 to help them with their personal, social and educational development.

Average salary: £18,500 to £33,000

Typical hours: 37 to 39 a week - you could work evenings / weekends on a rota

You can get into this job through:
a college course; an apprenticeship; working towards this role; applying directly.



Family Support Worker

Family support workers help families with long or short term problems.

Average salary: £19,000 to £35,000

Typical hours: 36 to 38 a week - you could work evenings / weekends / bank holidays away from home

You can get into this job through:
a collegecourse; an apprenticeship; volunteering; applying directly.